



Introduction of the International Children's Safety Service's Therapeutic Riding Centre

The International Children's Safety Service's Therapeutic Riding Centre began to operate in 2003. The centre is located at Fót, 30 minutes drive from Budapest (HUN).



The center has a wide range of activities on 25 hectares: professionals guide healing activities in different field of equine assisted therapies.

With the patronage of The Hungarian Riding for the Disabled Federation the training of the therapeutic riding instructors are organized at the Therapeutic Riding Centre.



The Hungarian Riding for the Disabled Federation organizes competitions for disabled riders every year since 2005, together with an international and national dressage competition in Fót. The Federation hosted an International Conference on Equine Assisted Therapy in 2003.



Therapeutic Riding

The positive effects of riding for people have been recognized since the time of Hippocrates.

People of all ages and with different types of disabilities could find benefits from therapeutic riding. Physical disabilities (ranging from cerebral palsy through to accidental injury) impairments such as autism, development delay and emotional disorders all respond to equine assisted therapy. In addition to producing a sense of independence and responsibility, riding has the added advantage of the good effect of the animal connections.

The three different parts of therapeutic riding are hippotherapy, remedial riding and vaulting, equine assisted psychotherapy.

Equestrian study trail

The equestrian study trail contains seven different information boards, which helps the children to gain new equestrian knowledge in a playful, interactive way. There is also a sensory park that helps children to develop problem-solving skills and self-confidence, express emotion and promotes empathy.



Summer camps

Every year since 2007 we organize intensive, complex, therapeutic camps for those children who are taking part in therapeutic riding sessions during the year.

Summer camps have different, specific themes for the different age groups (preschoolers, elementary school students and young adults).



Horses

We have 34 horses, 14 of them are working in therapeutic riding on daily basis.

Our colleagues are training 8 younger or unexperienced horses who are having a great prospect either in therapeutic riding or in the sport.





The aims of the Hungarian Riding for the Disabled Federation

The Hungarian Riding for the Disabled Federation was founded in 1997 to join and protect the interests of institutions and people dealing with equine assisted therapy.

The aim and tasks of the Hungarian Riding for the Disabled Federation are the followings:

- training and re-training experts dealing with equine assisted therapy
- organizing courses and conferences, editing and publishing educational materials and publications
- supervising the organizations of equine assisted therapy in Hungary
- improving the working conditions of people and institutions working in this professional field and gaining a reputation for the profession
- organizing the competition system of disabled riders, creating the competition conditions for their participation in the Paralympic Games
- popularizing all the branches of equestrian sports by activities of the Federation





Competitions

Under the patronage and support of the Hungarian Riding for the Disabled Federation and the International Children's Safety Service, dressage and therapeutic riding competition takes place at the Therapeutic Riding Centre each September. From 2006 the event also contains an international competition under the supervision of the International Equestrian Federation.

One of our important goals is to promote equine assisted therapy, para equestrian sport. The competition is becoming more successful and popular year by year, and since 2018, the international competition has also a World Cup series.



Education

The Hungarian Riding for the Disabled Federation hold training courses for the future equestrian therapists, equestrian parasport instructors and helpers at Therapeutic Riding Centre in Fót. These courses are official training courses approved by the Educational Ministry of Hungary.

Students from various universities also coming to the Therapeutic Riding Centre to gain basic theoretical and practical knowledge of equine assisted therapy.